

February 4, 2026

Dear Superintendent:

As you may know, your Muslim prisoners likely will begin to observe the holy month of Ramadan at sunset on **Tuesday, February 17** (dependent on the sighting of the crescent moon) and ending at sunset on **Thursday, March 19**, followed by the holiday of Eid al Fitr on **Friday, March 20**. Please know that we greatly appreciate the efforts taken year-round to ensure the religious rights of Muslim prisoners.

During Ramadan, your Muslim prisoners will abstain from both food and drink from dawn to sunset, unless it would compromise their health to do so. They also will spend a good deal of their free time in prayer. We hope that your Muslim prisoners can be given regular hot prison meals when not fasting. They may also need a snack to be eaten during the night, to ensure adequate caloric intake.

We encourage you to consult with your prison's Muslim chaplain for any needed guidance. In addition, you may find helpful this guide to the general practices and needs of Muslim prisoners, "A Correctional Institution's Guide to Islamic Religious Practices," which can be found on the website of CAIR's national office at [www.cair.com/resources/guides-to-muslim-religious-practices](http://www.cair.com/resources/guides-to-muslim-religious-practices).

Thank you for your attention. If you have any questions, please feel free to contact me at (413) 264-6675 (direct line) or [maydah@cair.com](mailto:maydah@cair.com).

Sincerely,

A handwritten signature in black ink that reads "Mariam Aydah".

Mariam Aydah, Esq.

Cc: Matthew J. Moniz, Director of Program Services  
Muslim chaplains